**CROSS DU CHATEAU**

**DIMANCHE 18 DECEMBRE 2016**

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| COURSES | CATEGORIES | HORAIRES | DISTANCES | BOUCLES |
| 1 | **DEPARTEMENTAUX CROSS COURT**  POPULAIRE - NON LICENCIES - ASSOCIATIONS - SPORT ADAPTE | 11H00 | 3600M | D+1B+1M+1R+A |
| 2 | MINIMES FILLES | 11H30 | 2445M | D+2M+A |
| 3 | MINIMES GARCONS  CADETTES | 11H50 | 2715M | D+1B+2M+A |
| 4 | POUSSINES | 12H10 | 1165M | D+2V+A |
| 5 | POUSSINS | 12H20 | 1165M | D+2V+A |
| 6 | KID CROSS EVEIL ATHLE FILLES | 13H15 | 5’ | Spéciale |
| 7 | KID CROSS EVEIL ATHLE GARCONS | 13H25 | 5’ | Spéciale |
| 8 | BENJAMINES | 13H35 | 1435M | D+1B+2V+A |
| 9 | BENJAMINS | 13H50 | 1435M | D+1B+2V+A |
| 10 | CADETS  JUNIORS FEMMES | 14H10 | 3600M | D+1B+1M+1R+A |
| 11 | JUNIORS HOMMES  ESPOIRS - SENIORS - MASTERS FEMMES | 14H30 | 4485M | D+2V+1M+1R+A |
| 12 | ESPOIRS - SENIORS - MASTERS HOMMES | 15H00 | 8335M | D+1B+1V+1M+3R+A |

